

Date: 6/10/25

PREP SUMMER MENUS: GRADE 6-12
BREAKFAST, LUNCH, SUPPER
JULY 14 – 18, 2025

	MONDAY 7/14	TUESDAY 7/15	WEDNESDAY 7/16	THURSDAY 7/17	FRIDAY 7/18
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon Pan Dulce ✓ (R2252)	Hot Honey Chicken Jalapeno Biscuit (R0975)	Fiesta Bean & Cheese Burrito ✓ (R1099)	Turkey Sausage Danish (R1276)	Oat Crumble Coffee Cake ✓ (CMS #2054)
Entrée 2	Deluxe Cereal Bowl ✓	Nutri-Grain Bar & Yogurt ✓ (R5721-DW, R5722-CB)	Deluxe Cereal Bowl ✓	Buttery Maple Waffle ✓ (R2259)	Yogurt 4 oz. & Crackers ✓ (R5617-DW / R5618-CB)
Entrée 3 Vegan	ONLY PROVIDE A VEGAN MEAL UPON REQUEST. Offer any of the two options daily: 1. Cinnamon Toast Crunch (CMS #1623) 2. Morning Magic Bagel (R2292), Strawberry Jam (CMS#1690)				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite & RAP</i>	Pepperoni Pizza Wedge (R0730)	Chicken Parmesan Salad (R5710) Cheesy Garlic Breadstick (R2657)	Chicken Corn Dog (R0920)	Zesty Beef Chalupa & Tortilla Chips (R5699) Optional: Fresh Salsa (R4613)	Café LA Burger (R0090) Optional: Fresh Topping*
Entrée 2	Buffalo Popcorn Chicken (R0966) Honey Biscuit (R2638) AND/OR BBQ Popcorn Chicken (R0967) Honey Biscuit (R2638)	BBQ Beef Rib Patty Sandwich (R0171)	Beef Teriyaki Dippers & Carrot Rice Bowl (R5695)	Turkey Breast & Cheese Sandwich (R0911) Optional: Fresh Topping*	Cajun Chicken Salad (R5713) Honey Biscuit (R2638)
Entree 3 Vegan	ONLY PROVIDE A VEGAN MEAL UPON REQUEST				
	Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)	Vegan Teriyaki & Carrot Rice Bowl (R6041)	Vegan Burrito (R6015)	Impossible Burger (R6032) Optional: Fresh Topping*

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OPTIONAL Quick Serve	May be served from regular service area or cart. Do if this option meets your operational needs. Lunch Entree 1, 2, or a Field Trip meal may be used for this option.				
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)	Berry Berry Blue Slush (CMS #2827)	Cucumber Coins (R4478)	Sweet Corn (R4097)	Café LA Salad (R4576)	Roasted Potato Wedges (R4370)
Vegetable (½ c)	Petite Baby Carrots (CMS #3006)	Sweet Potato Fries (R4464) (Choice of Sauce)	Cooked Edamame (R4596)	Petite Baby Carrots (CMS #3006)	Paradise Punch Vegetable Juice (CMS #1681)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)	Fruit Juice
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once a week as an Extra Treat.				
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1	Sunbutter & Strawberry Jelly Sandwich (CMS #2978)	Turkey Breast & Cheese Sandwich (R0911)	Beef Stick Meal Kit (CMS #1688)	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Turkey Stick (CMS #2065) & Cheese Plank (CMS #2525) Cheez-It Crackers (CMS #1239)
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is different than what was served for lunch the same day. Entrée Options: 1. Sunbutter & Strawberry Jelly Sandwich (R1943) 2. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944)				
Vegetable (½ c)	Orange Medley Juice (CMS #1308)	Petite Baby Carrots (CMS #3006)	Vegetable in Kit	Cherry Smooth Cup (CMS #2364)	Petite Baby Carrots (CMS #3006)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fruit in Kit	Fresh Fruit	Fresh Fruit
Milk 8 oz.	Milk	Milk	Milk	Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper	L: BBQ Sauce, Taco Sauce or Tapatio, Ketchup L, S: Tajin	B: Strawberry Jam L: Mayo, Mustard, Ketchup, Tajin, Choice of Sauce: BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7096) S: Mayo, Mustard L, S: Tajin	B, L: Taco Sauce or Tapatio L: Mayo, Mustard L, S: Tajin	L: Taco Sauce or Tapatio Tajin, Choice Dressing, Optional: Liquid Chamoy S: Mayo, Mustard L, S: Tajin	B: Strawberry Jam L: Ketchup, Mayo, Mustard L, S: Tajin

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FIELD TRIP LUNCH MENU		
ENTRÉE OPTIONS		
ENTRÉE Option 1 Turkey Breast & Cheese Sandwich (R0911)	ENTRÉE Option 2 Cheese Sandwich V (R1008)	ENTRÉE Option 3 - VEGAN Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)
OFFER ALL BELOW WITH EACH ENTRÉE OPTION		
FRUITS (1 c)	VEGETABLE (1 c)	MILK, 8oz.
Fresh Fruit, 2 Each, Different Fruits	Petite Baby Carrots (CMS #3006), 1, 2.5 oz. Pkg. OR Celery Sticks (CMS #3826), 1 Pkg AND Paradise Punch Vegetable Juice (CMS #1681) OR Orange Medley Juice (CMS #1308)	See List Below

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Must serve two choices from the following options.

Fat-Free Milk (8 oz)	Low-Fat Milk (8 oz)	Fat-Free Lactose Free Milk (8 oz)	Fat-Free Chocolate Milk (8 oz)
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Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)
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Fresh Fruit

Nectarine (CMS#3891)	Plums (CMS# 3522)	Peach (CMS #3886)	White Peach (CMS# 3884)	Plumcot (CMS# 3940)
Pluot (CMS# 3700)	Banana (CMS #3204) Do not order on Mondays	Strawberries (CMS #3246, R3332): ONLY Serve Monday – Wednesday for Breakfast, Lunch or Supper; Must Order a Minimum of 2 Cases		

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